INTERMEDIATE LESSONS CHECKLIST

To graduate into our intermediate lessons (where you will learn how to canter!!!) you must be able to do the following things. Your instructor will sign off when you have completed each task successfully. Don't be afraid to ask for more help on the things that are hard for you. We are always willing to schedule private lessons if there is something specific you really want to work on.

SKILLS ON THE GROUND

- Put a halter on the horse in his stall.
- Bring the horse up to the barn and crosstie him.
- Brush the horse and pick out his feet.
- Know what to do if the horse is missing a shoe.
- Know what to do if you notice your horse has an injury.
- o Put the saddle and girth on (if you need help lifting the saddle, that's ok!)
- Attach the bridle once it's on the horse.
- Know basic parts of the saddle and bridle
- Know if your girth is tight enough to mount.
- Dismount correctly.
- Unwrap and run up your stirrups.
- Unbuckle the horse's bridle.
- Take off the saddle and girth.
- Recognize if the horse needs to be rinsed off or brushed.
- Know where all your tack goes and put it away correctly.
- Clean your tack and figure-8 your bridle.
- Sweep your area and rinse your wash rack.

SKILLS WHILE RIDING

- With good equitation (heels down, leg very still, hands still, good posture) do the following:
 - Walk around the ring without letting the horse stop.
 - Posting trot all the way around the ring.
 - 2-point position at the trot all the way around the ring keeping your balance.
 - Sitting trot at least halfway around the ring without bouncing.
 - 3-5 steps of posting trot without stirrups.
- Know how to pass other riders correctly who are going the same direction as you.
- Be on the correct diagonal at all times.
- Lengthen and shorten your reins correctly
- Accurately ride the USDF Intro Level Test B dressage test.